

**Resources for Invisible Disabilities Shared By Our SFC Family**  
**October 19, 2020**

**Invisible Disabilities Association:**

[invisibledisabilities.org](http://invisibledisabilities.org)

National organization that offers information and support re: invisible disabilities.

To contact, go to: [invisibledisabilities.org/about/contact/](http://invisibledisabilities.org/about/contact/)

Read about ways to connect with others with invisible disabilities and learn about other resources. To contact the IDA directly, scroll to the bottom of this page and complete/submit the form.

**Disability Rights California:**

[disabilityrightsca.org/contact-us](http://disabilityrightsca.org/contact-us)

With offices throughout California, this organization helps educate and advocate for people with disabilities. Local chapter is in Oakland. A great way to get help regarding self-advocacy and learn more about legal rights related to a disability.

**Bay Area Office:** 1-800-510-267-1200:

**Americans with Disabilities Act:**

To learn more/determine if you have an invisible disability:

[ada.gov/pubs/adastatute08.htm#12102](http://ada.gov/pubs/adastatute08.htm#12102)

**Crohn's Disease**

Al Davis contact info:

Cell: 408-605-8270

email: [Budhadavis@aol.com](mailto:Budhadavis@aol.com)

I have had Crohn's Disease for nearly 50 years, and am happy to talk with anyone about Crohn's or other intestinal diseases. I have spoken a lot over the years with adults who are newly diagnosed as well as with parents of teenagers and young adults with Crohn's. I find it supports the parents to let them know I have had Crohn's since I was 14 years old and have gone on to lead a happy and productive life that includes a family. To learn more about my experience with having an invisible disability: [saratogafederated.org/uploads/1/2/0/1/12014172/sep-oct\\_fed\\_family\\_centennial.pdf](http://saratogafederated.org/uploads/1/2/0/1/12014172/sep-oct_fed_family_centennial.pdf), page 10

I also have personal experience with Osteoporosis and Sleep Apnea, and have helped advocate and care for others with Alzheimer's, Dementia, Depression, Eczema, Learning Disabilities, and/or declining overall health tied to being elderly.

Other resources:

**Crohn's & Colitis Foundation of America (CCFA):** [crohnscolitisfoundation.org](http://crohnscolitisfoundation.org)

National organization that gives information and support and does a lot of fundraising for research on Inflammatory Bowel Disease (IBD).

**IBD Help Center:**

Phone: 888MYGUTPAIN (888-694-8872, extension 8)

E-mail: [info@crohnscolitisfoundation.org](mailto:info@crohnscolitisfoundation.org)

**Northern California Chapter of CCFA:**

[crohnscolitisfoundation.org/chapters/northerncalifornia](http://crohnscolitisfoundation.org/chapters/northerncalifornia)

Phone: 415-356-2232

[Email this chapter](#)

**Chronic Lyme Disease and Co-Infections**

Scott Athearn info:

408-221-8380

[scottathearn@gmail.com](mailto:scottathearn@gmail.com)

Camille Athearn info:

408-398-8549

[camilleathearn@gmail.com](mailto:camilleathearn@gmail.com)

Our whole family has battled Chronic Lyme Disease and Co-Infections for over 24 years. It has been a treacherous journey and finding information/resources was bleak to say the least at times. It was more than a full-time job. Here are some wonderful resources:

**LymeLight Foundation:**

<https://lymelightfoundation.org>

This wonderful Foundation gives Grants to Recipients who cannot afford to pay for their Lyme Treatments. They are an incredible resource.

1229 Burlingame Ave. #205

Burlingame, CA 94010

(650) 348-5509

**Bay Area Lyme Foundation-**

<https://www.bayarealyme.org>

This is a great resource that provides an enormity of information for Lyme disease, and funds research and preventive programs as well.

884 Portola Rd. Suite A7

Portola Valley, CA 94028

(650) 530-2439

**Stand4Lyme**

[cure@stand4lyme.org](mailto:cure@stand4lyme.org)

This is another great resource Transforming Lyme Through Collaboration doing Research at Stanford University. Their mission is to pave a medical path to wellness for patients at all stages of Lyme disease.

20400 Stevens Creek Blvd. Suite 700

Cupertino, CA 95014