

## Addiction – Issue Specific Regional Leads

Name (Kind) of Group	Phone / Web	Category
<b><i>National Suicide Prevention Lifeline or 911</i></b>	(800) 273-8255	<b><i>Emergency</i></b>
<b><i>12 STEP GROUPS:</i></b>		<b><i>SELF HELP</i></b>
<b><i>12-Step group for Alcoholics</i></b>		
Alcoholics Anonymous Santa Clara County	(408) 374-8511	Alcohol
Alcoholics Anonymous [Spanish] Santa Clara Co.	(408) 295-0920	Alcohol
Alcoholics Anonymous San Benito County	(831) 637-5594	Alcohol
Alcoholics Anonymous San Mateo County	(650) 577-1310	Alcohol
Alcoholics Anonymous East Bay Intergroup	(510) 839-8900	Alcohol
12 step group for those affected by another's alcohol dependency		
Al-Anon & Alateen Family Groups Santa Clara Valley	(408) 379-9375	Alcohol
Al-Anon & Alateen of the Mid-Peninsula	(650) 592-7935	Alcohol
Al-Anon & Alateen Santa Cruz	(831) 462-1818	Alcohol
<b><i>12-Step group for Cocaine Addicts</i></b>		
Cocaine Anonymous San Francisco / North Bay	(415) 226-1300	Cocaine
Cocaine Anonymous South Bay	(408) 966-9344	Cocaine
Adult Children of Alcoholics World Service Organization		
ACA Group Info - San Francisco Bay Area	AcaSFBayArea.org	Co-dependency
<b><i>Groups for those affected by another's compulsive disorders</i></b>		
Co-Dependents Anonymous International – CoDA.org		
Co-Dependents Anonymous Bay Area – sfbaycoda.net	(415) 905-6331	Co-dependency
Co-Dependents Anonymous Monterey Peninsula	(831) 645-1880	Co-dependency
<b><i>Debt Recovery</i></b>		
Debtors Anonymous Northern California – ncdaweb.org	(415) 295-6232	Debt
<b><i>Dual Recovery</i></b>		
12-Step group for those suffering from both alcohol/drug dependency & mental health problems	draonline.org	

Dual Recovery Anonymous - Santa Clara County (Crestwood)	(408) 275-1010	Dual Diagnosis
<b>12-Step group for those suffering from Compulsive and other Eating Disorders</b>		
Food Addicts in Recovery Anonymous	(408) 491-9824	Eating Disorders
Overeaters Anonymous Silicon Valley Intergroup – oasv.org	(408) 940-6278	Eating Disorders
<b>12-Step group for those with Emotional Problems</b>		
Emotions Anonymous Cupertino – emotionsanonymous.org	(408) 541-1975	Emotions
Emotions Anonymous Sunnyvale	(408) 737-9053	Emotions
<b>12-Step group for Gambling Addicts</b>		
Gamblers Anonymous National Service Office	(626) 960-3500	Gambling
Gamblers Anonymous Northern California	(855) 222-5542	Gambling
Gam-Anon International Service Office	(718) 352-1671	Gambling
<b>12-Step group for Marijuana Addicts</b>		
Marijuana Anonymous South Bay (District 3)	(408) 450-0796	Marijuana
Marijuana Anonymous SF, East Bay, Northern CA (Dist. 2)	(510) 957-8390	Marijuana
Marijuana Anonymous World Services	(800) 766-6779	Marijuana
Marijuana Anonymous Santa Cruz	(831) 427-4088	Marijuana
<b>12-Step group for those having problems with drugs</b>		
Narcotics Anonymous Santa Cruz	(855) 562-2789	Narcotics
Narcotics Anonymous Greater San Jose Area – sjna.org	(408) 998-4200	Narcotics
Narcotics Anonymous World Services – na.org	(818) 773-9999	Narcotics
<b>12-Step group for those affected by another's drug use</b>		
Nar-Anon San Mateo County	(650) 619-9217	Narcotics
Nar-Anon Family Groups -San Jose County	(408) 296-2474	Narcotics
Nar-Anon Northern California – naranoncalifornia.org/norcal/	(408) 296-2474	Narcotics
<b>12-Step group for those addicted to Tobacco</b>		
Nicotine Anonymous – nica-norcal.org	(415) 995-1938	Nicotine
<b>12-Step group for those with destructive Sexual &amp; Emotional Behavior</b>		
Sex & Love Addicts Anonymous National – slaafws.org		Sex/Love Addiction

Sex & Love Addicts Anon. SF / East Bay – <a href="http://www.slaa-sfeb.org">www.slaa-sfeb.org</a>	(415) 979-4715	Sex/Love Addiction
Sex & Love Addicts Anon. Monterey County	(831) 642-4836	Sex/Love Addiction
Sex & Love Addicts Anon. Santa Cruz – <a href="http://santacruzslaa.org">santacruzslaa.org</a>	(831) 687-8070	Sex/Love Addiction
Sex & Love Addicts Anon. So. Bay & Peninsula	(408) 235-9823	Sex/Love Addiction
Sexaholics Anonymous - Northern CA. 12-Step group for people with compulsive sexual behavior within a marital relationships	(510) 926-6272 <a href="http://www.sabayarea.org">www.sabayarea.org</a>	Sex Addiction
Sex Addicts Anonymous Bay Area 12-Step group for people with destructive sexual behavior – <a href="http://bayareasaa.org">bayareasaa.org</a>	(415) 456-1063	Sex Addiction
Sex Addicts Anonymous – <a href="http://saa-recovery.org">saa-recovery.org</a>	(800) 477-8191	Sex Addiction
<a href="#">12-Step groups for friends &amp; relatives of Sexually Addicted People</a>		
S-Anon International Family Groups – <a href="http://www.sanon.org">www.sanon.org</a>	(615) 833-3152	Sex Co-Addiction
S-Anon Northern California Helpline – <a href="http://norcalanon.com">norcalanon.com</a>	(510) 869-4884	Sex Co-Addiction
COSA National Office – <a href="http://www.cosa-recovery.org">www.cosa-recovery.org</a>	(866) 899-2672	Sex Co-Addiction
COSA San Jose – <a href="mailto:mondaysouthbaycosa@gmail.com">mondaysouthbaycosa@gmail.com</a>		Sex Co-Addiction
COSA Santa Cruz – <a href="mailto:cosasantacruz@gmail.com">cosasantacruz@gmail.com</a>		Sex Co-Addiction
COSA San Francisco – <a href="mailto:SFCOSA@yahoo.com">SFCOSA@yahoo.com</a>		Sex Co-Addiction
<a href="#">12-Step group for couples in a committed relationships</a>		
Recovering Couples Anonymous – <a href="http://recovering-couples.org">recovering-couples.org</a> (site is unavailable at this time, but should return)		Couples Recovery
<b><a href="#">CHRISTIAN 12 STEP GROUPS</a></b>		<b><a href="#">SELF HELP</a></b>
Cathedral of Faith - "Celebrate Recovery" 12 -Step & Biblical based support group for Addiction and co-addicts	(408) 267-4691	Alcohol/Chemical Dependency
Overcomers Outreach 12-Step & Biblical based support group for any Addiction or co-dependency – <a href="http://overcomersoutreach.org">overcomersoutreach.org</a>	(800) 310-3001	Various Addictions
<b><a href="#">OTHER GROUPS</a></b>		<b><a href="#">SELF HELP</a></b>
"We Care" For Chemically Dependent Healthcare Professionals, and San Jose Nurse Support Group	(408) 235-1178	Health Care Professionals
Self Management & Recovery Training "SMART" Recovery Local Meetings based on the "Rational Emotive Behavior" approach of Albert Ellis – <a href="http://smartrecovery.org">smartrecovery.org</a>	(866) 951-5357	Various Addictions
Secular Organizations for Sobriety "SOS" for those seeking sobriety/abstinence via a secular path	(323) 666-4295	Alcohol/Drug Addiction

Women for Sobriety stresses 13 statements of acceptance	(215) 536-8026	Women's Issues
<b>LOCAL RECOVERY PROGRAMS</b>		<b>PROFESSIONAL</b>
National Council Alcoholism & Drug Dependence referral line	(800) 622-2255	Referral Services
Pathway Society in Santa Clara for substance abuse counseling	(408) 292-7292	Referral Services
Kaiser Chemical Dependency Services – <i>Kaiser Members Only</i>	local KAISER number	Alcohol/Chemical Dependency
Kaiser C.D. Recovery Program - Santa Clara – <i>Kaiser Members Only</i>		Alcohol/Chemical Dependency
Good Samaritan Hospital for alcohol and chemical dependency, and mental health	(408) 559-2000	Alcohol/Chemical Dependency
El Camino Hospital addiction services	(800) 216-5556	Chemical Dependency
Christian Recovery Center 12 step & Biblical based individual or group programs for Addiction/co-dependency	(408) 491-9804	Various Addictions
<b>LITERATURE</b>		<b>RESOURCES</b>
Al-Anon Office Book Store (Campbell Community Center)	(408) 379-9375	Local Bookstore
Barnes & Noble Self Help section – barnesandnoble.com		Local Bookstore
Amazon Self Help section – <a href="http://www.amazon.com">www.amazon.com</a>		Internet Bookstore
Lifeway Christian Book Store	(408) 265-1833	Local Bookstore
National Association of Christian Recovery – <a href="http://www.nacr.org/">www.nacr.org/</a> / <a href="http://www.nacronline.com">www.nacronline.com</a>	(888) 551-6227	On-line Resources